

***School nurse or designee to fax 911 report to primary care provider if epinephrine administered

School nurse completes this medication information for field trips

Diagnosis/Condition:

Drug:	Dose:
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Time:	Route:
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Special Instructions:

Self administer (Circle One) NO YES if yes student must have medication with them.

Medication Emergency Plan:

Call 911 for any health emergency and anytime an EpiPen/Glucagon/Diastat is administered.

Call Poison Control at 1-800 – 222-1222 for poison or ingestion emergency

Recognize and Respond to Anaphylaxis

<u>SEVERE SYMPTOMS</u> <u>FOR ANY OF THESE SYMPTOMS - INJECT EPIPEN IMMEDIATELY</u>	<u>MILD SYMPTOMS -</u> <u>FOR MORE THAN ONE OF THESE SYMPTOMS - INJECT EPIPEN IMMEDIATELY</u>
LUNG: Short of breath, wheezing, repetitive cough	NOSE: Itchy or runny nose, sneezing
HEART: Pale or bluish skin, faintness, weak pulse, dizziness	MOUTH: Itchy mouth
THROAT: Tight or hoarse throat, trouble breathing or swallowing	SKIN: A few hives, mild itch
MOUTH: Significant swelling of the tongue or lips	GUT: Mild nausea or discomfort
SKIN: Many hives over body, widespread redness	
GUT: Repetitive vomiting, severe diarrhea	
OTHER: Feeling something bad is about to happen, anxiety, confusion	

- **CALL 911**
- **Request ambulance with epinephrine**
- **Consider Additional Meds if Ordered**

Next Steps:

- Lay person flat and raise legs. If breathing is difficult let them sit up.
- If symptoms do not improve, or return more doses of epinephrine can be given about 5 minutes or more after the last dose.

Do not depend on antihistamines. When in doubt, give epinephrine and call 911.